



MARTIAL ARTS INDUSTRY ASSOCIATION LIMITED
THE PEAK INDUSTRY BODY FOR MARTIAL ARTS IN AUSTRALIA

LITHGOW-BLUE MOUNTAINS ACCREDITED MARTIAL ARTS INSTRUCTORS

LITHGOW

BUDO RYU KEMPO

St Pats School (Mary of the Cross Hall)

Enter via Hassan Street, Lithgow

Wednesdays from 6.30pm till 8pm

Contact phone number: 0417 285 128 (Hugh)

Web: www.budo.com.au

CLUB REVIVE

Kids Future Champions Monday & Wednesday 3.45 to 4.30 pm

Adults: Monday to Thursday 6.30 to 8.30 pm

Instructor: Paul Traish 0448 474 837

<http://bmmac.com.au>

KUMAI RYU MARTIAL ARTS SYSTEM

Full time facility Top Level 84/88 Main Street Lithgow NSW 2790

Instructor Shihan Robert Williams **Manager** Renae Power **Mob:** 0432 076

511 <http://www.krmas.com.au/lithgow-timetable.html>

KATOOMBA

BLUE MOUNTAINS MARTIAL ARTS CENTRE

Full Time Facility

114 Mount Street Leura

Instructor Chris Traish Ph: (02) 4784 3342

<http://bmmac.com.au>

WINMALEE

CHIKARA SHINAI MARTIAL ARTS

Winmalee Public School, Leslie Street, Winmalee

Tuesday's 7:30pm - 9:00pm = Teens / Adults (13yrs old +)

Friday's 6:00pm - 7:30pm = Kids only (7 - 12 Years old)

Contact Brad Higgins (instructor) (02) 9833 7389

<http://www.chikarashinai.com.au>>

SPRINGWOOD

TEMPEST TRAINING

Upstairs of Springwood Boys & Girls Club

Weds (during school terms (10wks +/-))

Kids Kung Fu (6-11yrs) - 4.30pm-5.30pm

Youth Kung Fu (11-18yrs) - 5.30pm-6.30pm

Adults Kung Fu (18yrs & above) -6.30pm-8.00pm

Sat (during school terms (10wks +/-))

Adults TaiChi/Qigong - 7.30am-8.30am **(all year round)**

Kids Kung Fu (6-11yrs) -9.00am-10.00am

Youth Kung Fu (11-18yrs) -10.00am-11.00am

Instructor: Matt Tempest Ph: 0447 537 518

Email: tempesttraining@y7mail.com

Website: www.tempesttraining@sydney

facebook/tempesttraining